

HEALTHY FOODS IN SCHOOLS AND OFFICES

Policy F.1.M

Healthy eating habits and healthy foods in schools and offices foster positive growth and development in children and adults.

The Board recognizes that the promotion and implementation of healthy food needs to take place in all areas of the Division, such as:

- school instruction and curriculum,
- school cafeterias, canteens, offices, and vending machines,
- school fundraising activities,
- special events,
- school breakfast and snack programs.

Therefore, Frontier School Division schools and offices must model healthy eating habits by creating an environment that promotes nutritious food choices. It is the responsibility of the Principal to ensure that both the Frontier School Division and Manitoba School Nutrition Policies are adhered to.

Information: <u>Manitoba School Nutrition Handbook</u> <u>Canada's Food Guide</u>

Adopted September 1, 2009	Revised November 19, 2015	Revised December 5-6, 2019
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HEALTHY FOODS IN SCHOOLS AND OFFICES Regulation F.1.M-R

1. Requirements

The Principal is responsible for ensuring the Healthy Foods in Schools and Offices policy is implemented.

The Principal is responsible for ensuring resource materials from Canada's Food Guide are posted in the school and available to parents/guardians.

The Principal shall provide a report on the implementation of the Healthy Foods in Schools and Offices policy to the school committee on a monthly basis.

School committees will have the Healthy Foods in Schools and Offices policy as a standing item on school committee agendas.

Adopted September 1, 2009	Revised December 14, 2009	Revised November 19, 2015
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