

WELLNESS FOCUS

Every school will provide a caring, healthy, safe and inclusive learning and working environment for students, staff and community.

Outcomes	Strategies	Indicators	Data Collection
<p>Students will feel safe and cared for in their school.</p>	Develop strategies and structures that intentionally connect all students to each other and to the school.	Student self-reports, identifying to classroom teachers a feeling of belonging.	School-wide survey (OURSchool-Tell Them From Me).
	Identify and work with students that are struggling with their sense of belonging and connection.	Decrease in student suspensions.	Individual and school-wide attendance data/patterns.
	Identified school staff will be trained in Level 1 Threat Assessment.	Visitors and families feel welcome.	Number of students suspensions.
	Staff will model respectful and collaborative behaviour.	Completion of Level 1 Threat Assessment training.	Observations and anecdotal reports.
	Presence of school-based programs or clubs targeting belonging.	Positive atmosphere in the school.	
<p>Each school community will provide an environment of mental, emotional, social and physical wellness in which students and staff thrive.</p>	All schools, with student and parental involvement, will implement policies, programs and activities that support healthy lifestyles, healthy schools and communities, and healthy eating.	Evidence of Health and wellness plan implementation.	Teacher monitoring.
	Use of land-based learning opportunities across the curriculum.	Students will have an increased sense of belonging as they develop a strong connection to the land.	Number of schools offering land-based education programs / programming.
	Schools will offer mental health literacy training for family and community members.	Number of students, family and community members involved in training.	Observations and anecdotal reports.
	Students will learn how to foster and maintain positive mental health, and how to seek help effectively when needed.	Evidence of Healthy Foods Policy being followed.	Number of parents volunteering / participating in school.
		Staff and students will openly discuss mental health and mental wellness issues.	Attendance.

WELLNESS FOCUS Continued

Outcomes	Strategies	Indicators	Data Collection
	<p>Schools will develop school-wide fitness plans for staff and students with support from Divisional Physical Education Coordinator(s).</p> <p>Schools will ensure that programming and nutritional offerings are in alignment with the Canada Food Guide, Frontier Policy F.1.M and the Frontier School Division Healthy Foods Implementation Guide.</p>	<p>Increased participation in fitness plans.</p>	<p>Number of students completing fitness goals.</p> <p>School reporting.</p> <p>Participation in Frontier School Division Physical Education and Wellness events.</p> <p>School plans and reporting, collection of sample menus from schools.</p>
<p>Students and staff will experience positive mental health throughout the school year.</p>	<p>All schools use research-supported programming to support mental wellness.</p> <p>Schools will develop strong interagency partnerships to increase access to positive mental health supports for students.</p> <p>Schools will provide professional development for identified staff, focusing on positive mental health i.e. suicide awareness and intervention, mental health literacy, vicarious trauma, creating safe spaces.</p>	<p>Community Partnerships will be visible in schools, i.e. planning, system meetings, consultation, education.</p> <p>Students report feeling supported both at school and in the community.</p> <p>Staff are confident in their ability and response, when supporting and helping students navigate mental health concerns.</p>	<p>Climate survey (OURSchool – Tell Them From Me).</p> <p>Number of programs implemented.</p> <p>Number of professional development sessions offered.</p> <p>Number of staff participants.</p>